

Variable	Mean	SD	Min	Max
Age	34.5	10.2	21	55
Gender	1.2	0.4	1	2
Marital Status	1.5	0.5	1	3
Education	12.5	1.5	9	16
Income	1500	500	500	3000
Occupation	1.8	0.8	1	3
Health Status	1.5	0.5	1	3
Stress Level	2.5	1.0	1	4
Life Satisfaction	3.5	1.0	1	5
Resilience	4.5	1.0	1	5
Optimism	3.5	1.0	1	5
Emotional Stability	3.5	1.0	1	5
Self-Esteem	3.5	1.0	1	5
Life Satisfaction	3.5	1.0	1	5
Resilience	4.5	1.0	1	5
Optimism	3.5	1.0	1	5
Emotional Stability	3.5	1.0	1	5
Self-Esteem	3.5	1.0	1	5

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